

## What is the **My Health LA** program?

- **My Health LA** is a **NO-COST** health care program for low-income residents of Los Angeles County who do not have health insurance.
- **My Health LA** is a program where members can get ongoing, quality health care from a team of health care providers at community clinics.
- **My Health LA** is a way for uninsured County residents to get healthy and stay healthy!

## Who is eligible for **My Health LA?**

**My Health LA** is for people:

- ✓ Who live in Los Angeles County
- ✓ Age 26 and older
- ✓ Meet income requirements (see back of fact sheet)
- ✓ Lack or not eligible for health insurance

**My Health LA** is **NOT** health insurance—  
If you have health insurance, do not drop it!

## How can I find out if I am eligible? Where I can enroll?

- Call Member Services at 1-844-744 6452 (MHLA). Member Services is open from 7:30 am to 5:30 pm Monday through Friday.
- Call your medical home clinic in advance to schedule an appointment or to enroll. Make sure the clinic is accepting new patients. It is free to apply!
- For more information, visit: [dhs.lacounty.gov/mhla](https://dhs.lacounty.gov/mhla)



## What health care can I get through **My Health LA?**

- **My Health LA** members get **FREE** basic medical care that includes:
  - ✓ Ongoing Primary Preventive Care and Health Screenings
  - ✓ Health Information and Advice
  - ✓ Specialty Care at Department of Health Services (DHS)
  - ✓ Hospital inpatient, urgent & emergency care at DHS clinics & hospitals
  - ✓ Prescription Medicines
  - ✓ Alcohol and Drug Abuse Treatment Services
  - ✓ Laboratory Services and Tests
  - ✓ Other Related Health Care Services
- **My Health LA** members can get primary medical care at one of 210 participating community clinic sites in Los Angeles County.

## What are some of the benefits of **My Health LA?**

- **My Health LA** is patient-centered care. Members will choose a Medical Home Clinic, and will receive ongoing care at that clinic throughout the year. You may only have one Medical Home clinic in the **My Health LA** program.
  - ✓ A Medical Home is a clinic where patients see a primary care doctor or a nurse who knows their patients and understands their medical history.
- **My Health LA** members can choose a Community Clinic and can make their own appointments at that clinic.
- You don't have to wait until you are sick to get medical care—you can get free check-ups and preventive care at your medical home clinic.
- You get an ID card to show you are a member of **My Health LA**.
- You can call the toll-free Member Services line from 7:30 am to 5:30 pm Monday through Friday. Agents can assist you in many languages.



**COUNTY OF LOS ANGELES - DEPARTMENT OF HEALTH SERVICES**  
**COMMUNITY PARTNERS**  
**ABILITY-TO-PAY PLAN – MY HEALTH LA**  
**138% FEDERAL POVERTY LEVEL (FPL)**

**(Effective April 1, 2020 through March 31, 2021)**

FAMILY MEMBERS LIVING IN THE HOME <sup>1</sup>	TOTAL MONTHLY INCOME MAXIMUM
<input type="checkbox"/> 1	at or below \$ 1,468
<input type="checkbox"/> 2	at or below \$ 1,983
<input type="checkbox"/> 3	at or below \$ 2,498
<input type="checkbox"/> 4	at or below \$ 3,013
<input type="checkbox"/> 5	at or below \$ 3,529
<input type="checkbox"/> 6	at or below \$ 4,044
<input type="checkbox"/> 7	at or below \$ 4,599
<input type="checkbox"/> 8	at or below \$ 5,074
<input type="checkbox"/> 9	at or below \$ 5,589
<input type="checkbox"/> 10	at or below \$ 6,105
<input type="checkbox"/> 11	at or below \$ 6,620
<input type="checkbox"/> 12	at or below \$ 7,135

More than 12 Members

For each additional member, add \$516

---

<sup>1</sup> Include unborn in family size.

---